

STAND-UP DIAPERING AND HANDWASHING

Diapering Procedure

1. Before beginning the diapering procedure, clean your hands by using proper hand hygiene (handwashing or use of hand sanitizer according to directions).
2. To minimize contamination, prepare for diapering by getting out all of the supplies needed for the diaper change and placing them within arm's reach, for example:
 - Enough wipes for the diaper/pull-up change, including cleaning the child's bottom and wiping the teacher's and child's hands before putting on the clean diaper/pull-up (wipes must be taken out of their container)
 - A clean diaper or pull-up
 - A plastic bag for soiled clothes and a set of clean clothes (if soiled clothing is anticipated)
 - Non-porous gloves (if used)
 - A dab of diaper cream on a disposable paper towel (if used)
3. When changing a child while standing up, clothing, shoes and socks must be removed first to keep clothing from becoming soiled.
4. Ask the child to hold their shirt/sweater up above their waist to avoid contamination of these items.
5. Do not slide the diaper, or pull-up down the child's leg. Instead, pull the sides apart to remove the diaper or pull-up.
6. Remove soiled diaper or pull-up and place into a lined, covered, hands-free trash container.
7. Use wipes to clean child's bottom from front to back (one wipe per swipe) and throw away into trash container. If gloves are used, they must be discarded at this time.
8. Use a wipe to remove soil from your hands and throw into trash container.
9. Use another wipe to remove soil from child's hands and throw into trash container.
10. Put on clean diaper/pull-up and redress the child.
11. Wash the child's hands following the proper handwashing procedure (use of hand sanitizer is also acceptable for children 2 and older). Return the child to the play area without touching any other surfaces.
12. Be sure that there were no spills on the floor where diaper changing took place. If the floor under the child was soiled, clean and sanitize the area by spraying it with a soapy water solution and drying with a paper towel or by wiping it with a water-saturated paper towel or wipe.
13. Disinfect the soiled area by spraying it with disinfectant-strength bleach-water solution ($\frac{1}{2}$ – $\frac{3}{4}$ cup bleach per gallon of water) and wait at least 2 minutes before wiping. Another EPA approved disinfectant, used according to directions, can be used instead of bleach and water.
12. Clean your hands by using proper hand hygiene (handwashing or use of hand sanitizer according to directions)

Handwashing Procedure

1. Moisten hands with water and use liquid soap.
2. Rub hands together away from the flow of water for 20 seconds.
3. Rinse hands free of soap under running water.
4. Dry hands with a clean, disposable paper towel or air dry with a blower.
5. Turn off faucet using paper towel.
6. Throw the used paper towel into a hands-free trashcan.